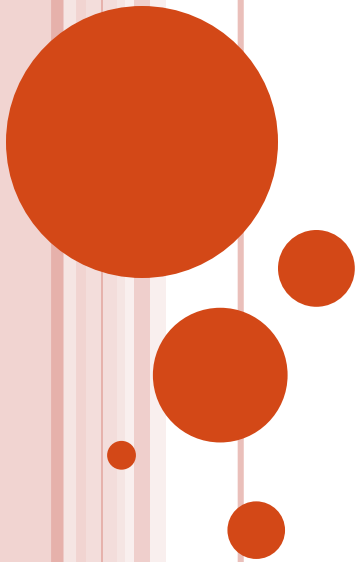




**Welcome
To
Neo Dental Clinic**



WHICH TYPE OF CARE REQUIRED IN BRACES SURGERY? –HERE GUIDE

- A good smile with straightening and beautiful teeth is god gift, but unfortunately, this can't get everyone in their life. So they go for another option that is braces treatments, and it can be taken from specialist **Ceramic Braces Doctors In Ahmedabad**. With the help of brace treatments, you get straighter teeth as per your needs, and most of the adults adopt this therapy for teeth.
- Ceramic Braces comes with so many responsibilities because taking care of braces is most important for successful treatments. If you need some suggestion, then you can also approach one of the **Best Dental Brace Doctor In Satellite**. Luckily, braces treatment comes with good quality in material and method so that our task will be reduced.
- With this blog, we provide some useful guidance for taking care of ceramic braces which definitely help you in your daily life if you also have braces.





REGULAR BRUSHING



- Generally, the dental doctor suggests that you should do brushing twice on a regular day, once in the morning and once at before sleeping. But when you have braces then this condition not applicable to you, but you should brush after every time you eat food. Doesn't matter when you eat, whether you eat food in the early morning or late night you should clean your braces as well as teeth.
- You should start your brushing with rinsing your mouth with full of water to loosen food stuck and around the braces so that it doesn't fit between two braces. The brace will be cleaned by using soft hand toothbrush so that it can remove all your food stuck with gentle care.



PROTECT BRACE WITH CARE

- You should protect your brace from kids, while playing sport's game, and most importantly, happy moment in your life. You should take care in this situation properly because in an exciting moment you forget to take care of your brace so you should remember this every time. You can also wear a mouth guard at the top and bottom side so it can give support to the braces.



CHOOSE FOOD

- When you have braces, then you should be choosy in the food. For the food selection, you should meet at **Ceramic Braces Doctors In Ahmedabad** who completes your surgery. Your dental doctor provides your food list, which you should avoid after the treatment. You should take no to the hard food compulsory.
- You should avoid food like nuts, popcorn, ice, beef jerky, which can damage your teeth and brace as well. If you like crunchy food, then you can eat it with small bites in a small size so that it not harm your braces badly.





NEG
SMILE



HELPFUL TIPS

- If you don't have in a situation to brush after having some food then just do one thing rinses your maw with water and also do brush as soon as possible.
- If your braces or wires irritate your lips, then you can do some waxing on it to solve your problem. For waxing, you should meet a dentist or orthodontist.
- You should go for a regular check-up of braces so that you can be aware of your brace situation and its placements.



SUMMING UP,

- Hopefully, this guide will improve your knowledge about the care of brace, which you follow in your daily life. For further details, you also concern your **Ceramic Braces Doctors In Ahmedabad**. Keep smiling!!!



Thanks For Watching

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