## **COMMON CRYSTALS AND THEIR PROPERTIES**

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NAME	РНОТО	PROPERTIES	NAME	РНОТО	PROPERTIES
Amethyst (Purple)	N	Spiritual Growth, Increases Focus and Concentration, Reduces Pain, Helps to get rid of	Amazonite (Turquoise Green)		Enhances Love and Communication, Truth and Power
Lapis Lazuli (Blue with white & gold		Stress Relief, Increases Intuition, Strengthens Nervous System,	Selenite (Non Transparent, White)	<b>6000</b>	Raises Awareness, Personal Transformation, High vibration stone
flecks)  Tiger's Eye (Golden to Red-Brown)		Protection, Inspires Action, Useful for cancer patients	Aventurine (Silvery Green to Dark Green)		Stone of Luck.  Motivation and action stone. Quick, confident decisions.
Turquoise (Blue with Black Veins)	Canonical Control	Helps heal thyroid condition, Improves communication, Helps to	Jasper (Red, Reddish Brown)		Stabilizing and grounding stone. Calms aggressive energy. Provides lively energy.
<b>Garnet</b> (Dark Orange Red)		Brings Stability and Security, Helps physical healing	Hematite (Grey to black with metallic sheen)	A PARTICIPATION OF THE PARTICI	Helps with leg cramps, blood disorders, headaches, B.P., and healing of bones and fractures.
Pink / Rose Quartz (Pale Pink)	George Co.	Emotional Wellbeing, Helps with Depression, Improves Relationships	Labradorite (Gray with multicoloured display)		Helps with Spine issues, joint problems, Improves memory
Lava Stone (Black, porous)	0	Grounding, Protection, Stability, Increases Energy	Malachite (Opaque green with dark bands)	A 00000	Brings transformation, Changes reactions to situations. Protects travellers.
Citrine (Clear, Golden- Yellow)		Improves Digestion, Helps with Stomach Issues, Attracts Good Luck	Amber (Transparent, yellow, orange, brown red)		Very effective for protection, Calms nerves, Opens Solar Plexus for mental clarity and confidence
White/ Clear Quartz (Clear, White, Milky White)		Stress Relief, Peace, Well Being, Improves Concentration	Black Agate (Deep Black, Smooth)		Courage, Protection. Releases bitterness, stress.
Carnelian (Reddish, Brownish Orange)		Energy Booster, Removes Fear, Increases Sexual Energy, Helps to conceive	Jade (Translucent to opaque green, many colors)		Heart, hips, kidney, spleen, healthy hair, thymus gland, cleans nervous system
Moon Stone (Variety of colors, white,	5	Balances Hormones, Emotional Stability,	Chrysocolla (Blue, Green		Attracts prosperity and good luck, Helps throat

blue)

chakra and expression,

Artistic creativity

bluish white,

silvery sheen)

Intuition, Calmness